



**THIRD SUNDAY OF EASTER
April 18, 2010**

**“Worthy is the Lamb that was slain
to receive power and riches,
Wisdom and strength, honor and
glory and blessing.”
—Revelation 5:12**

READINGS FOR THE WEEK

- Monday:** Acts 6:8-15; Jn 6:22-29
- Tuesday:** Acts 7:51 -- 8:1a; Jn 6:30-35
- Wednesday:** Acts 8:1b-8; Jn 6:35-40
- Thursday:** Acts 8:26-40; Jn 6:44-51
- Friday:** Acts 9:1-20; Jn 6:52-59
- Saturday:** Acts 9:31-42; Jn 6:60-69
- Sunday:** Acts 13:14, 43-52; Ps 100; Rv 7:9, 14b-17;
Jn 10:27-30

**MASS INTENTIONS FOR THE WEEK
April 19-25, 2010**



- Monday**
8:00 am Catherine Lopez - Rowsome Family
- Tuesday**
8:00 am James Furguson† - Richard Magee
- Wednesday**
6:30 pm Abel Bueno† - Lorrie & Abel Bueno
- Thursday**
8:00 am Bob Horny† - Ben Horny & Family
- Friday**
8:00 am Timothy Jude Tarble† - Jerome & Georgia
- Saturday** Matula
6:00 pm Javier Tanguma† - Reymond & Ginny
- Sunday** Tanguma
8:00 am Luisa D. Besainaiz† - Nora Besainaiz
9:30 am Margie Lopez† - Lupe Castillo
10:00 am Todd Havrda† - Michael Firasek Family
12:00 pm Agnes & Sivio Zandonatti† - Brunson Family
6:00 pm People of the Parish

SACRIFICIAL GIVING

Envelope Collection	\$16,052.00
Loose Collection	\$818.84
Children’s Collection.....	\$171.12
Other Fees.....	\$572.00
Total	\$17,613.96

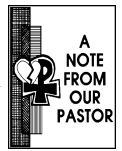
Thank You!

ST. MARY MISSION

Envelope Collection	\$458.00
Loose Collection.....	\$93.25
Total	\$551.25

Dear Friends,

April is “National Stress Awareness Month” and we are urged to focus on the signs, effects and relievers of stress. Experts tell us that the more familiar we become with how our bodies react to stress, the more prepared we are to handle pressure and prevent stress from leading to serious medical conditions. Here are a few suggestions, which I came across recently to help us cope with stress and feel better about ourselves.



1. Know your limitations and learn to delegate and say “no” to more responsibility.
2. Prioritize tasks by setting realistic goals and agendas to help with time management.
3. Get a massage. Massages relieve stress and anxiety, increase oxygen flow and relieve muscle tightness and pain.
4. Try relaxation techniques like prayer, meditation, music etc.
5. Breathe. When stressed take deep breaths. Breathing will increase oxygen flow and promote relaxation.
6. Unwind by watching a funny movie, going for a walk or reading a good book.

April is also National Humor Month and God knows we all need to recapture a sense of humor in our lives and not take things too seriously. Laughter transcends all cultures and religions because it is medicine for the soul and the sound of its healing. It is contagious. It impacts your physical health and well being and we know from studies that “laughter is the best medicine.” It is interesting to note that preschool-age children laugh up to 400 times a day, while an average adult laughs only 17 times a day.

Experts tell us that Laughter reduces pain by releasing endorphins. Boosts your immune system and speeds healing. Works your abdominal muscles and relaxes other muscles. Helps you to overcome negative feelings and to see life in a new perspective. Opens your blood vessels and may reduce risk of heart attack. Raises energy expenditure and increases heart rate 10 - 20 percent. Laughing for 15 minutes can burn between 10 - 40 calories per day which could melt away four pounds over the course of a year.

There is an Irish Proverb which tells us that: “A day without laughter is a wasted day” and I’m sure we are all familiar with the following words of wisdom: “Live, Love, Learn and Laugh every day.” So during this Holy Humor month we need to lighten up, not take ourselves too seriously, accept change and smile more often. Dr. Bernie Siegel M.D. tells us that: “The simple truth is that happy people generally don’t get sick.” We can all say the following prayer each day. “Give me a sense of humor, Lord, Give me the grace to see a joke, To get some humor out of life, And pass it on to other folk.”

Finally, I want to mention that April is also “Keep America Beautiful Month” and we are all encouraged to play our part in preserving and protecting our environment. Through our everyday choices and actions we collectively have a huge impact on our world. We can all play a part in being better stewards of our homes, gardens, parish, city and state. Let us give time and talent in preventing litter, reducing waste and beautifying communities. Have a great week.

Your friend,
Msgtr. Morgan

This Week at St. Peter Church

MONDAY: Rosary 7:30 a.m. **Mass** 8:00 a.m.

TUESDAY: Rosary 7:30 a.m. **Mass** 8:00 a.m. **Bible Class** 8:45 a.m.

WEDNESDAY: Feast of St. Anselm; Rosary 6:00 p.m.
Mass 6:30 p.m.

THURSDAY: Rosary 7:30 a.m. **Mass** 8:00 a.m. Earth Day

FRIDAY: Feast of St. George; St. Adalbert; Rosary 7:30 a.m. **Mass** 8:00 a.m.

SATURDAY: Confessions 4:30 - 5:30 p.m. **Vigil Mass** 6 p.m.

GOOD NEWS FOR YOUTH

HS YOUTH "FOUNDATION" CHOIR Practice: Tuesday, 7 p.m. & Sunday, 4:30 p.m. in the Church.

THE FOUNDATION, "Spirit in Me" CDs are still on sale after every youth Mass on Sunday Evening. Contact Jimmy Willden at 816-6095 for more info.

YOUTH GROUP REUNION for all Members of "Love Peace & Harmony" on Saturday, April 24th. All ex-members are invited to attend and participate in the Holy Mass as lectors, ushers and/or choir. Practice for the Mass will begin at 4:00 p.m. followed by the Holy Mass and gathering afterwards in the Hall. A planning meeting is scheduled for April 15th at 7:30 p.m. in the youth center. All interested are welcome to attend.

CHILDREN'S CHOIR PRACTICE Wednesday, 6:15 to 7:15 p.m. in St. William Family Center. Call Margo Ayers @ 241-4509 FMI.

CCD REGISTRATION: Registration packets for **RETURNING STUDENTS** for the 2010 - 2011 Religious Education year will be mailed this week. Please return the forms ASAP to secure your child's preferred class day and time. **NEW STUDENTS** can pick up forms in the Church foyer or at the CCD Center starting next weekend. If your child is new or is preparing for their sacraments, you must include a copy of their Baptism Certificate. **The deadline for early Registration is May 31. After May 31, there will be a \$10.00 fee per child.**

FIRST HOLY COMMUNION: The dates for First Communion are: **Sunday, April 18 @ 3:00 p.m.** (Rehearsal is on Saturday, April 10 @ 10 a.m.) **Sunday, April 25 @ 3:00 p.m.** (Rehearsal is on Saturday, April 24 @ 10 a.m. and on **Sunday, May 2 @ 3:00 p.m.** (Rehearsal is on Saturday, May 1 @ 10 a.m.) Your son/daughter has already been given an assigned date. For more information, call the CCD office @ 241-3372 or 241-3369

UPCOMING EVENTS

2010 FIRST HOLY COMMUNIONS TO START THIS SUNDAY. Because of the large number of children, we have decided to hold three special Sunday afternoon Masses for our First Communions this year at 3 p.m. The first one takes place this Sunday, the second on April 25th and the final one on May 2nd. These Masses will fulfill the Sunday Obligation and are open to First Communicants, their parents, family members and friends.

THE ALTAR AND ROSARY SOCIETY TO MEET THIS MONDAY AT 7 P.M. All members and those interested in joining the Altar and Rosary Society are invited to attend this one hour meeting in the parish hall.

THIS IS OUR PARISH: It is composed of people like me. We make it what it is. It will be friendly, if I am. Its pews will be filled, if I help to fill them. It will do great work, if I work. It will bring many generous gifts to many causes, if I am a generous giver. It will bring more people to Church on Sunday, if I bring them. It will be a church of loyalty and love, of fearlessness and faith, if I have these qualities. Therefore with the help of God, I shall dedicate myself to the task of being all things that I want our parish to be.

MGR. MORGAN'S FORTIETH ANNIVERSARY OF ORDINATION MASS OF THANKSGIVING AND PARTY SET FOR SATURDAY, MAY 29. Please mark your calendar for this special event and plan to be with us for the Holy Mass at 6 p.m. and the Party in St. Matthew Hall from 7-10 p.m. More information in future bulletins. "Save the Date" magnets will be mailed out this week. If you have any questions or you need more information, please call the parish office at 241-3249. This is a very important day in Msgr. Morgan's life and we want to make it a memorable one.

THE KNIGHTS OF COLUMBUS, Council 7290, will be accepting applications for their \$1,000 and \$500 scholarships for students planning to attend an accredited college or university. Students have to be a dependent of a current K.C. member. Call Mike Quintanilla @ 242-9413 or Gabe Chapa @ 242-9602 for more information. Deadline of submitting applications is May 10, 2010.

THE ALTAR AND ROSARY SOCIETY is also accepting applications for their 2010 (\$1,000) scholarship. The forms for the Altar and Rosary Society are available in the parish office. FMI: please call the parish office @ 241-3249

FAITH AND FINANCES WITH PHIL LENEHAN

www.VeritasFinancialMinistries.com

"We must obey God rather than men" was how Peter responded when challenged by the authorities to stop teaching in the name of Jesus. When it comes to money, God's instruction often differs from the priorities of current culture. A steward of Providence recognizes this, and desires to follow and imitate Christ.

SPRING FEST & CRAFT SHOW today, April 18, 11 a.m. - 4 p.m. at Our Lady of the Rosary Church, 1123 Main Dr.. Handcrafted Items, Different Vendors, Bingo, Cake Walk and Snack Bar. For more information Call 241-2004 or 290-5116.